

*"We teach by asking and learn by listening."*

*~ Susan Howry*

Our instructors are all full-time employees of Howry Residential Services, and all are experts in the topics they teach. Join the hundreds who have benefited from their knowledge and experience in Mental Health Disorders, Acquired Brain Injuries, Medication Administration, and Medical Equipment Basics.

These classes will engage, entertain, and educate participants in the necessary skills to provide a quality environment for everyone in your organization!

**David Hadlich**

With a BA in Organizational Development and Communication as well as over 20 years experience in the disability community, David thrives in challenging situations with a passion for delivering solutions that meet business needs. He is currently the training director at Howry Residential Services.



**Jennifer O'Neill, MA, LP, BCBA**

With a Masters in Counseling and Psychological Services from St. Mary's University, she is a board certified behavior analyst with over 20 years experience working in social services with clients with developmental disabilities, mental illness, and acquired brain injury.



**Sheryl Rorvig, MSW, LICSW, CBIS**

With a Masters of Social Work from the University of North Carolina, Chapel Hill, Sheryl has worked serving individuals with brain injury for over 25 years.



**Other Instructors Include:** Quentin Beckwith, LPN; Sarah Gordon MSW, LICSW; and many other qualified individuals.

*"The most difficult situations and questions are answered with real life situations and examples."*



1150 Centre Pointe Curve  
Mendota Heights, MN 55120  
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# Training Courses

**Stand Out From The Crowd**



# AVAILABLE COURSES

## First Aid and CPR Certification

Heartsaver® First Aid is a classroom, video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies.

Heartsaver® CPR AED is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. This course teaches skills with AHA's research-proven Practice-While-Watching (PWW) technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills.

**First Aid & CPR—\$50**  
**First Aid Only—\$25**  
**CPR Only—\$35**

## Mental Health Certification

This class satisfies the Mental Health Certification for Adult Corporate Foster Care providers. The class includes the following: Mental Health Diagnoses, Mental Health Crisis Response and De-Escalation techniques, Recovery from Mental Illness, Treatment Options, Medications and their side effects, Co-occurring substance abuse and health conditions and Community Resources. The participant will receive a certificate upon completion, identifying all the topics listed and the corresponding times associated with each topic.

**\$75**

## Medication Administration/Management

This hands-on course is for unlicensed staff who work with individuals needing assistance with their medication. This may include people who have cognitive delays, mobility impairments, mental illness, acquired brain injury, chemical dependency and elderly populations in residential settings.

**\$50**

## Coaching the Experienced Driver® 3

Coaching the Experienced Driver® 3 course has been designed for maximum flexibility. The Coaching System of driver training has been used to train over 25 million experienced drivers. These courses have been used in many different types of applications including insurance/point reduction programs, company/organization sponsored courses and state mandated courses.

**\$30**

## Medication Equipment Basics

This course will cover the usage of six of the most common types of medical equipment in residential facilities; Blood Glucose Monitor, Automatic Blood Pressure Cuff, Epinephrine Auto-Injector for Anaphylaxis, CPAP Machine for Sleep Apnea, Nebulizer and Mechanical Lift for lifting and transferring individuals. This course meets the state guidelines for Medical Equipment Training for Corporate Adult Foster Care staff.

**\$30**

## Human Behavior

Positive Behavior Support and Person Centered Planning and Service Delivery are cornerstones for our industry. This class provides it all, from developing positive personal relationships, creating a positive home environment to effectively interacting with individuals at different levels of behavior. Prohibited and Permitted Practices will be reviewed, as well as a hands-on physical intervention segment. Best and safest practices are stressed throughout this class, and any person-specific techniques or plans should be developed by your organization

**\$50**

## Acquired Brain Injury

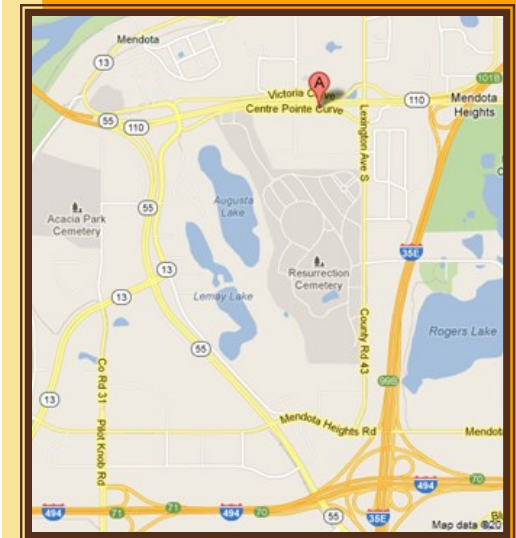
Covering the epidemiology, effect of and intervention strategies for individuals with acquired brain injuries, this course will help build a knowledge base and increase the participant's confidence when working with people with brain injuries.

**\$25**

## Customized Training

HRS can help your organization tap into the potential of your employees with a variety of customized trainings. Our seasoned staff will work with you to meet your needs. Our work skills can be delivered where you need them and when you need them, on basic and advanced levels. Our on-demand team-building, leadership training, and communication seminars can increase productivity, efficiency and workplace morale. Feel free to talk to us and we will be happy to work with you to best find ways to meet your needs.

*"Excellent trainers...the classes are very interesting and engaging."*



## Howry Residential Services

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